



CHRIST

(DEEMED TO BE UNIVERSITY)

NODAL OFFICE, TRIVANDRUM

MINDVIBES WEBINAR

Mastering Life Skills

Who should attend?

Students, Researchers, Teachers, Public..

ORGANISED BY

Nodal Office,

**CHRIST (DEEMED TO BE UNIVERSITY)
A.I.R Road, Vazhuthakkadu
Trivandrum, Kerala
tvm@christuniversity.in**

Dr. Aswathy Anand

**Consultant Psychologist,
Najath Hospital & Carmel Hospital.
Aluva**

External Coordinator

Jithin Babu

jithinbabu2001@gmail.com



**AUG 12 , 2020.
6.00PM-7.00PM IST**

**FOR REGISTRATION
CLICK ON THE LINK BELOW**

<https://forms.gle/EVZZPf8uapoMXPVm6>

This is a Give Back and a Knowledge Sharing Initiative by Nodal Office , CHRIST (Deemed to be University).



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(DEEMED TO BE UNIVERSITY)

NODAL OFFICE, TRIVANDRUM

Dr. Aswathy Anand

Dr. Aswathy Anand is a consulting Psychologist at Najath and Carmel Hospitals in Aluva. She is managing a Pre School, Care Kids in Kochi aimed at imparting early social and behavior Skills in Children.

She did her Post Graduation in Christ University and her Mphil and Phd from Kerala University in the area of Psycho- Oncology. Her areas of interest include Autism, Behaviour Training in Kids, Academic Workshops and early identification of delinquency and Early Learning Issues in Children and Effective Parenting Skills.

She is currently handling personality training workshops and sessions for adolescents and team building, Soft skills and communication.

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